

# YOUR IMPACT THROUGH THE COMBINED FEDERAL CAMPAIGN

show  
Some  
Love

Through the Combined Federal Campaign, federal employees and retirees have the opportunity give back and help those who need it most. Regardless of the size of your gift, you will make a huge difference in your chosen cause area.

\$10



**Youth Development**  
provides one hour of after-school sports coaching for public school kids in a metropolitan area.



**Hunger/Refugees**  
feeds a child in a refugee camp for three weeks.

\$30



**Mental Health**  
provides one 30-minute crisis line chat for a troubled teen.



**Disaster Relief**  
provides a family of three with disaster health kits following a disaster.

\$50



**Cancer Research**  
provides an hour of research to find a cure for childhood cancer.



**Education**  
tutors a child in reading and writing for an entire year.

\$100



**Homelessness**  
buys one toilet, two hard hats, and three hammers to support housing development for families across the United States.



**Global Health**  
buys 10 mosquito nets to protect families in Africa from the transmission of malaria.

\$125



**Animal Welfare**  
sponsors a pet adoption at a local humane shelter.



**Poverty**  
provides a family in poverty with goats and a garden starter kit.

\$150



**Clean Water**  
establishes a waste management facility for a school in a developing country.



**Family Services**  
buys a crib and a mattress for new parents.

\$300



**Military/Veterans**  
pays for a service member to attend a career opportunity day, helping them reintegrate into the private sector.



**Environment**  
plants 300 trees.

Choose your cause and *Show Some Love* today. • [cascadiacfc.org](http://cascadiacfc.org)

